



Mulroy College

Steps to Success



Mock Examinations

All Timetables are available on Google Classroom and on our website

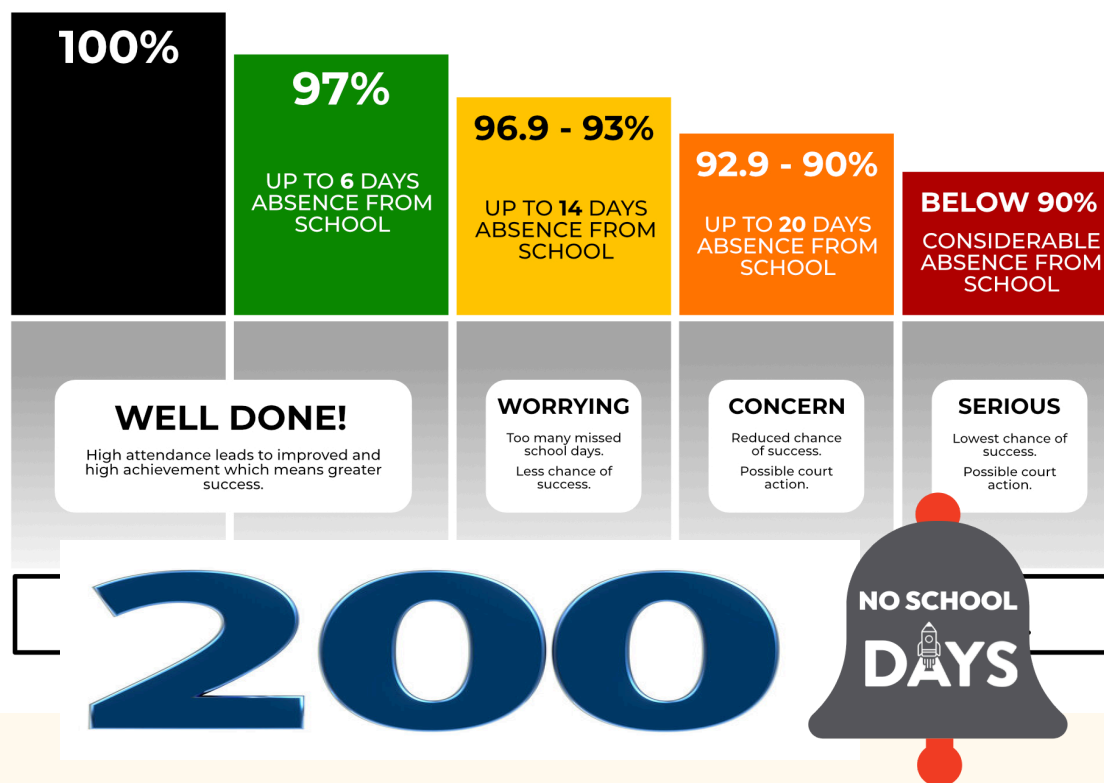
Countdown to Success

3 weeks until the start of oral and practical examinations

4 weeks until the start of written examinations

- Attendance is key
 - You need to be in EVERY day ALL day to succeed
 - Check Vshare for your son daughter's attendance
 - A breakdown of specific subject areas missed is also available on Vshare
 - There are only 18 weeks of school left, make every one count

WHAT IS YOUR ATTENDANCE?



ATTENDANCE	Days Absent	Weeks Absent	Classes Missed
	1 day		9
98%	4 days	1	36
95%	10 days	2	82
90%	15 days	3	126
88%	20 days	4	168
82%	30 days	6	252
76%	40 days	8	336

ATTENDANCE

WHY IS IT IMPORTANT?

ABSENCE FROM SCHOOL



89% & Below
Drastic effect on
academic achievement

95% - 90%
Cause for
concern

100% - 96%
Excellent



School Matters!



Attend Today, Achieve Tomorrow

How to utilise your class time best

How to utilise your class time best:

- Be prepared
- Be active - engage in the learning in the class
- Be reflective - go back over your classwork each evening

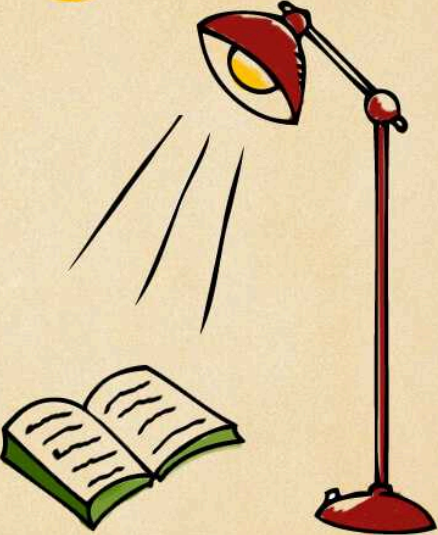


How to utilise your evening study time

best:

YOUR TOP 10 TIPS FOR STUDY SKILLS

1. FIND THE BEST STUDY METHOD FOR YOU
2. EAT WELL
3. EXERCISE REGULARLY
4. STAY POSITIVE
5. GET ENOUGH SLEEP
6. TAKE BREAKS
7. SET GOALS
8. FIND THE BEST STUDY TIME FOR YOU
9. EXAMS CAN BE GOOD!
10. SLEEP ON IT

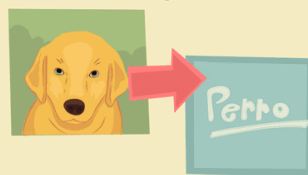



We all need help at times,
 help your child to study,
 help them to succeed.

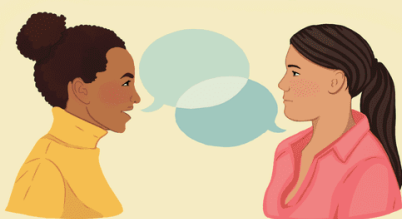
How to Learn More Effectively



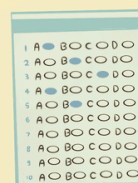
Teach what you're learning



Relational learning



Practical experience



Take tests



Avoid multitasking



Learn in multiple ways

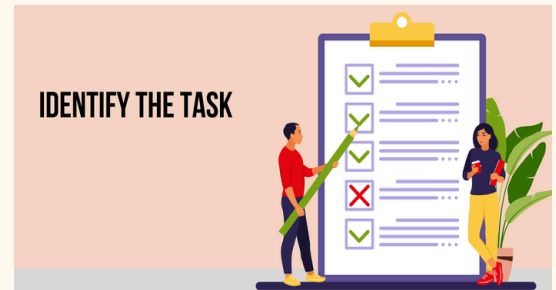


Don't be afraid of making mistakes

The Pomodoro Technique

There are 6 major steps to the Pomodoro Technique:

- 1 Identify a task or tasks that you need to complete



- 2 Set a timer for 25 minutes.

3 Work on a task with NO distractions.



4 When the alarm sounds, take a 5-minute break.

5 Repeat the process 3/4 more times

6 Take a longer 30-minute break and start again